Things that Get in the Way of Taking Your Anti-Rejection Medicine (Patient version)

We realize that the treatments patients and families need to do for post-transplant care are sometimes hard to follow. Some patients have shared with us that the following things get in the way of taking their anti-rejection medicine.

Let us know which of these things, if any, apply to you and your family.

☐ I forget to take them or bring them with me.
☐ I hate the taste of the medicine.
☐ The pills are hard to swallow.
☐ I don’t like the side effects of the medicine (e.g. nausea, stomachache, constipation).
☐ I don’t want others to know that I take medicine.
☐ I don’t think I need the medicine.
☐ I take too many medicines or need to take them too many times a day.
☐ The medicine does not work.
☐ I don’t understand how to take the medicine.
☐ I run out of the medicine.
☐ I can’t afford the medicine.
☐ Taking medicine gets in the way of my other activities.
☐ I refuse to take them.
☐ Taking medicine is inconvenient.
☐ Other: ________________________________

Do you have a smartphone? ☐ Yes ☐ No
If yes, do you use apps on your smartphone? ☐ Yes ☐ No

Notes:

Reviewed by (provider): ____________________
Things that Get in the Way of Taking Your Anti-Rejection Medicine (Caregiver version)

We realize that the treatments patients and families need to do for post-transplant care are sometimes hard to follow. Some patients have shared with us that the following things get in the way of taking their anti-rejection medicine.

Let us know which of these things, if any, apply to you and your child.

- I/my child forgets to take the medicine or bring the medicine.
- My child hates the taste of the medicine.
- The pills are hard for my child to swallow.
- My child does not like the side effects of the medicine (e.g. nausea, stomachache, constipation).
- My child does not want others to know that he/she takes medicine.
- My child feels he/she does not need the medicine.
- My child takes too many medicines or needs to take them too many times a day.
- The medicine does not work.
- It is hard to understand how to take the medicine.
- We run out of the medicine.
- We can’t afford the medicine.
- Taking medicine gets in the way of our other activities.
- My child refuses to take the medicine.
- Taking medicine is inconvenient.
- Other: _______________________________________

Do you have a smartphone?  □ Yes  □ No
If yes, do you use apps on your smartphone?  □ Yes  □ No

Notes:

Reviewed by (provider): ______________________