

Fact Sheet

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An Almost Complete List of Services Used by Families and Children with Special Health Care Needs

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Children with chronic and complex health conditions and their families require access to a wide array of health care and other services to function optimally. These needs can be identified by patients and families in the creation of shared care plans, or consequent to screenings and assessments. Various referral policies and practices have been developed to facilitate access to these services. The following lists are intended to provide a classified enumeration of services that may be used and of value to children with special health care needs and their families. It can be used for care mapping, care planning, resource database creation and referral system development.

Family Services

Formal Family Support & Advocacy

- Advocacy services
- Care navigation
- Child care
- Family resource center services
- Homemaker services
- Organizing health records
- Parent-to-parent support
- Respite care
- Spiritual support and faith communities
- Categorical/Disease-specific organizations
- Voluntary organizations
- Blogs
- List serv
- Social media

Informal Family Supports

- Blogs
- Extended family
- Friends of child
- Friends of parents
- Neighbors
- Support groups for child, siblings and parents
- Clubs
- Cultural organizations/groups

Social Services

- Human Services Agency (Medicaid, IHSS)
- Child Protective Services (CPS)
- Child welfare agency and foster care
- Court Appointed Special Advocates (CASA)
- Financial assistance (SSI/SSDI)
- Home visiting
- Independent living
- Housing assistance
- Transportation assistance (payers, dispatchers, bus drivers)
- Voluntary organizations (Easter Seals, etc.)
- Food subsidies (Women, Infants and Children Food and Nutrition Service (WIC), food stamps)

Advocacy

- Advisory committees and councils
- Public testimony
- Non-profit voluntary organizations

Employer/Work

- Employer
- Worksite accommodations
- Disability benefits/Ticket to work
- Vocational rehabilitation
- Job placement

Health Services

Physical Health

- Primary pediatric care
- Primary adult care
- Pediatric subspecialty care
- Adult subspecialty care
- Surgical care
- Hospitals
- Emergency departments
- Urgent care
- Dialysis
- Chemotherapy
- Home health care
- Palliative care
- Hospice
- Dental care
- Nutrition education/consultation
- Vision care
- Complementary and alternative medical care (chiropractic, acupuncture, homeopathy, naturopathy)
- Traditional healers

Mental Health

- Behavioral therapy
- Family therapy
- Parent/child dyadic therapy
- Marital counseling
- Mental health care: child
- Mental health care: adult

Ancillary Services

- Interpretation/translation
- Service animals
- Laboratory
- Radiology/imaging
- Participation in research projects
- Genetic counseling
- Pharmacy and medication reconciliation

Developmental Disabilities & Rehabilitation

- Applied Behavioral Analysis (ABA) therapy
- Developmental screening
- Durable Medical Equipment (DME)
- Equipment repair
- Individual Education Planning (IEP)
- Individual Family Service Planning (IFSP/IPP)
- Modification of vehicles
- Needs assessment
- Paratransit and other accommodated transportation (handicapped parking)
- Physical accommodations in home
- Physical therapy
- Music therapy
- Equine therapy
- Feeding therapy
- Occupational therapy
- Speech/language therapy
- Psychological testing/treatment
- Protective supervision

Care/Service Coordination

- Assessment
- Care planning
- Case management
- Coordination among medical providers
- Coordination between medical providers and other community services
- Emergency care planning
- Patient advocacy
- Self-management education and supports
- Transition planning
- Visiting nurses

Long Term Care

- In-home health services (IHSS, private duty nursing)
- Medical supplies
- Residential care

Community Services

Education

- Schools
- Accommodations, modifications, and other services (504 plan)
- Americans with Disabilities Act (ADA) accommodations
- Child care/Head Start/Preschool/Pre-K
- Home schooling
- Individual Education Plan (IEP)
- Public libraries
- School administrators
- School aide
- School nurse
- School teachers
- Special education teacher
- School-based therapists
- Vocational services
- Sign language
- Physical therapy
- Occupational therapy
- Speech therapy
- After-school care

Recreation & Community Resources

- Individual lessons
- Individual recreation
- Teams and group activities and clubs
- Accommodations to access public spaces
- Camps
- Special programs (Special Olympics, community events)

Public Safety

- 5-day supply of medication
- Earthquake preparedness/Earthquake kit
- Evacuation chairs
- First Responders (EMT, police)
- Emergency backup for power outages

Legalistic Services

Legal

- Private and legal aid attorneys
- Conservatorship
- Financial planning, wills, and trusts
- Guardianship
- Durable power of attorney
- Advance healthcare directive
- Public benefits eligibility (health care, SSI, disability care)
- Public benefits denial, reduction, or delay (insurance, treatment)
- Special education services
- Accommodations
- Supported decision-making

Juvenile Justice

- Expungement of records
- Mental/behavioral health services
- Substance abuse/addiction services
- Access to health care
- Medication management
- Special education
- Trauma informed care

Insurance and Financing

- Private health insurance company
- Health plan
- Insurance advocacy
- Public health plan (Medi-Cal/Medicaid, TRICARE)
- Special grants

ABOUT THE FOUNDATION: The Lucile Packard Foundation for Children's Health is a public charity, founded in 1997. Its mission is to elevate the priority of children's health, and to increase the quality and accessibility of children's health care through leadership and direct investment. Through its Program for Children with Special Health Care Needs, the Foundation supports development of a high-quality health care system that results in better health outcomes for children and enhanced quality of life for families.

The Foundation encourages dissemination of its publications. A complete list of publications is available at <http://www.lpfch.org/publications>

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